

ESAA – BRITISH CHAMPIONS (MEN)

The ESAA winners of British Men's Championships are shown in alphabetical order by surname with only one entry per athlete covering all of their championship wins.

Achike, Larry (Sussex)	1999, 2003 and 2011-2012 Triple Jump 1989 J TJ-1, 1991 I S TJ-1, 1992 S TJ-1, 1993 S TJ-1
Adam, Marcus (London)	1989 200m 1984 I 200m-1, 1985 S 200m-2
Aikines-Aryeetey, Harry (Surrey)	2020 100m 2003 I 100m-3, 2004 I 100m-1
Allison, Michael (Berkshire)	2025 Javelin Throw 2022 S JT-3
Andrew, Jack (Gtr. Manchester)	2015 Decathlon 2006 J PEN-1, 2008 I OCT-1, 2009 S DEC-2, 2010 S PV-3, 2010 S DEC-1
Ashe, Richard (Middlesex)	1997 1500m 1992 S 3000m-7
Ashurst, Andy (Gtr. Manchester)	1994 Pole Vault 1980 I PV-2, 1982 S PV-2, 1983 S PV-1
Atkin, Sam (Humberside)	2022 10000m 2010 S 3000m-4
Awde, Daniel (Essex)	2008 and 2011 Decathlon 2006 S DEC-1
Backley, Steve (Kent)	1989, 1992, 1998-2000 and 2004 Javelin Throw 1985 I JT-2, 1986 S JT-1, 1987 S JT-1
Baddeley, Andrew (Merseyside)	2006, 2007, 2010 and 2012 1500m 2000 S 1500m-5
Bainbridge, Daniel (Norfolk)	2021 Javelin Throw 2017 S JT-1
Baker, Chris (Norfolk)	2018 High Jump 2005 J HJ-3, 2007 I HJ-1, 2008 S HJ-2, 2009 S HJ-3
Baker, Niclas (London)	2021 400m 2011 I 100mH-4
Banigo, Reynold (West Yorkshire)	2020 and 2022 Long Jump 2016 S LJ-1
Battershill, William (Devon)	2023 3000m Steeplechase 2014 I 1500mST-1, 2016 S 2000mST-1
Bayley, Tim (Sussex)	2005 800m 2000 S 800m-s
Beard, Greg (Kent)	2013 Shot Put 1997 J SP-1, 1998 and 1999 I SP-1

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Bedford, David (Middlesex)	1970-1974 10000m and 1972 5000m 1967 S CC-2
Bennett, Sam (Essex)	2026 110m Hurdles 2015 J 80mH-1, 2016 I 100mH-2, 2018 S 110mH-1
Bennett, Todd (Hampshire)	1984 200m 1980 S 400m-3
Bernard, Martyn (West Yorkshire)	2006, 2007 and 2010 High Jump 2001 I HJ-1
Billy, Ikem (Merseyside)	1989 800m 1982 S 800m-2, 1983 S 800m-1
Black, David (Warwickshire)	1975 10000m, 1977 5000m 1968 I CC-7
Black, Roger (Hampshire)	1994 and 1996 400m 1984 S 200m-4
Boreham, Colin (Hampshire)	1981 Decathlon 1971 S HJ-2, 1972 S HJ-1
Bosworth, Tom (Kent)	2011, 2015, 2017-2018 and 2021-2022 5k Walk 2007 S 5k Walk-2
Bowden, Adam (Hertfordshire)	2008 3000m Steeplechase 1998 I 1500mST-3, 2000 S 2000mST-1
Bramble, Daniel (Middlesex)	2017 Long Jump 2009 S LJ-2
Breach, William (Berkshire)	1939 Long Jump 1930 U14 75yH-1
Brightwell, Robbie (Shropshire)	1962 and 1964 440y 1956 I 220y-1, 1957 S 220y-1
Brown, Jon (South Yorkshire)	1993 5000m 1985 J CC-3, 1987 I 3000m-1, 1987 I CC-2
Brown, Phil (West Midlands)	1989 400m 1976 J 200m-2, 1978 I 200m-1, 1979 S 200m-1
Buckfield, Nick (Sussex)	1995-1996, 2002-2003 and 2005 Pole Vault 1984 I 5k Walk-5
Buckner, Jack (Nottinghamshire)	1987 and 1992 5000m 1979 S 1500m-2
Burgin, Max (West Yorkshire)	2022 and 2025 800m 2016 J 800m-1
Buwembo, Bonne (Essex)	2015 Javelin Throw 2004 J JT-3, 2007 and 2008 S JT-1

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Cadogan, Gary (Middlesex)	1993 400m Hurdles 1983 I 400m-1, 1984 S 400m-3
Cairress, Emile (West Yorkshire)	2025 10000m 2016 S 3000m-2
Campbell, Darren (Gtr. Manchester)	1998 and 2003, 2000 200m 1988 J 200m-3, 1989 I 200m-1, 1991 S 200m-1
Campbell, James (Gloucestershire)	2010 Javelin Throw 2002 J JT-3, 2003 I JT-2, 2004 I JT-1, 2006 S JT-1
Campbell, Mike (Hertfordshire)	1971 High Jump 1962 S HJ-1
Campbell, Taylor (Berkshire and Middlesex)	2021 Hammer Throw 2010 J HT-2, 2011 I HT-3, 2012 I HT-1, 2014 S HT-1
Capes Geoff (Lincolnshire)	1972, 1973, 1975-1979 Shot Put 1964 I SP-14
Carter, Andy (Devon)	1970 and 1972-1973 800m 1967 S 880y-h
Challenger, Ben (Leicestershire)	2000, 2001 and 2003-2005 High Jump 1994 I HJ-1, 1996 and 1997 S HJ-1
Chalmers, Alastair (Channel Islands)	2020-2024 and 2026 400m Hurdles 2015 I 400mH-3, 2017 S 400mH-2
Chambers, Dwain (Middlesex)	2000, 2001, 2008, 2010-2014 100m 1994 I 100m-1
Chaston, Justin (Avon)	1994, 1996 and 2004 3000m Steeplechase 1986 S 1500m-10
Christie, Linford (London)	1986, 1988-1989, 1991-1994 and 1996 100m, 1988 200m 1979 S 200m-2
Church, Lewis (Kent)	2023 Decathlon 2013 I OCT-2, 2014 S DEC-2, 2015 S DEC-1
Clarke, Lawrence (Berkshire)	2011 and 2015 110m Hurdles 2008 S 110mH-3
Clarke-Khan, Joel (Hereford & Worcs)	2020, 2022-2023 and 2026 High Jump 2017 S HJ-2
Coates, Dennis (Yorkshire)	1977 and 1978 3000m Steeplechase 1968 I 1M h-2
Coe, Sebastian (Yorkshire)	1981 800m, 1989 1500m 1973 I 3000m-1
Cole, Billy (Essex)	1985 and 1986 Shot Put 1979 J SP-1, 1980 I SP-2, 1981 I SP-2, 1982 S SP-1

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Coleman, Jamaine (Lancashire)	2022 3000m Steeplechase 2012 I 1500mST-2, 2013 S 2000mST-1, 2014 S 2000mST-1
Connor, Ben (Derbyshire)	2019 10000m 2010 S CC-3
Connor, Keith (Buckinghamshire)	1979 Triple Jump 1974 I TJ-1
Cooper, John (Leicestershire)	1964 440y Hurdles 1957 I TJ-1
Coppell, Harry (Lancashire)	2019-2022 and 2024 Pole Vault 2010 J PV-3, 2011 I PV-3, 2012 S PV-1
Cameron Corbishley (Kent)	2025 and 2026 5k Walk 2010 J 3k Walk-2, 2011 J 3k Walk-1, 2012 I 5k Walk-1, 2013 I 5k Walk-2, 2014 S 5k Walk-3, 2015 S 5k Walk-1
Crabb, Steve (Middlesex)	1987 1500m 1980 I 800m-4
Cram, Steve (Durham)	1981-1983 1500m, 1984, 1986 and 1988 800m 1975 J CC-3, 1977 I 1500m-1, 1978 S 1500m-1, 1979 S 1500m-1
Crampton, Peter (West Yorkshire)	1994 400m Hurdles 1985 I 400m-3, 1987 S 200m-1
Cropper, Dave (Nottinghamshire)	1969 800m 1963 I 880y-2, 1964 S 880y-1
Cullen, Peter (Yorkshire)	1956 and 1957 Javelin Throw 1949 I HJ-1, 1950 S HJ-1
Cutts, Luke (South Yorkshire)	2009, 2013, 2016-2017 Pole Vault 2001 J PV-2, 2002J PV-3, 2004 I PV-2, 2005 S PV-3
Dainton, Alan (Essex)	1977 High Jump 1972 I HJ-1, 1974 S HJ-1
Dasaolu, James (Surrey)	2016 100m 2006 S 100m-h-3
Davies, Aiden (South Yorkshire)	2016 Decathlon 2014 S DEC-1
Davies, John (Middlesex)	1974 3000m Steeplechase 1969 I 1500mST-2, 1971 S 5000m-1
Davis, Scott (Essex)	2009 5k Walk 1993 S 5k Walk-3
Dear, David (Hampshire)	1969 200m 1961 J 100y-3
Denmark, Rob	1994, 1996 and 2002 10000m, 1995 and 1999 5000m

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(Essex)	1985 I 1500m-1, 1986 S 1500m-3, 1987 S 1500m-3
Dever, Patrick (Lancashire)	2021 5000m and 2024 10000m 2013 I 3000m-2, 2015 S 3000m-3
Devonish, Marlon (West Midlands)	1997, 2001, 2002 200m, 2006 and 2007 100m and 200m 1994 S 200m-1, 1995 S 100m-1
Dobson, Charlie (Essex)	2024-2025 400m 2017 S 200m-2
Donovan, Tyri (Surrey)	2025 400m Hurdles 2017 S 400mH-3
Doran, Lee (Cumbria)	2011-2014 Javelin Throw 1999 J JT-2, 2000 and 2001 I JT-1, 2002 S JT-2, 2003 S JT-1
Douglas, Nathan (Oxfordshire)	2004, 2005, 2016, 2018 and 2020 Triple Jump 1999 I TJ-3, 2000 and 2001 S TJ-1
Drake, Andi (West Midlands)	1999 10k Walk 1979 J 3k Walk-3, 1980 I 5k Walk-3
Drayton, Alan (West Midlands)	1978 Decathlon 1968 I TJ-2
Dunderdale, Joe (Lincolnshire)	2017 and 2024 Javelin Throw 2010 S JT-1
Dunford, Ed (Warwickshire)	2012 Decathlon 1998 J 80mH-3, 1998 J PEN-1, 1999 J 80mH-1, 1999 J PEN-1, 2000 I 100mH-2, 2000 I OCT-1, 2001 I 100mH-1, 2001 I OCT-1, 2002 S 110mH-1, 2002 S DEC-1, 2003 S 110mH-3, 2003 S DEC-1
Duquemin, Zane (Channel Islands)	2014 Discus Throw 2006 J DT-2, 2008 I DT-1, 2009 S DT-2, 2010 S DT-2
Duruaku, Divine (Nottinghamshire)	2025 High Jump 2019 I HJ-6=
Duval, Spencer (Staffordshire and Somerset)	1995 and 1997 3000m Steeplechase 1984 J CC-1, 1985 I 1500mST-2, 1986 I CC-1 and I 1500mST-1, 1987 S 2000mST-2, 1988 and 1989 S CC-1 and S 2000mST-1
East, Ben (Hampshire)	2023 and 2026 Javelin Throw 2018 J JT-1
East, Michael (Hampshire)	2003 1500m 1996 S 800m-2
Easton, Mark (Surrey)	1989 and 1990 10k Walk 1980 S 10k Walk-5
Edoburun, Ojie (Middlesex)	2019 100m 2012 I 100m-h-7
Edwards, Jonathan	1989, 1994, 1998 and 2001 Triple Jump

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(Devon)	1984 S TJ-1
Edwards, Mike (Hampshire)	1989 Pole Vault 1985 I PV-2, 1986 S PV-2, 1987 S PV-1
Ellington, James (London)	2012 and 2013 200m 2000 J 200m-3, 2003 S 200m-1
Elliott, Geoff (Essex)	1952, 1953 and 1955 Pole Vault 1948 I HJ-1
Elliott, Peter (South Yorkshire)	1982 800m, 1984 1500m, 1987 800m, 1988 1500m 1977 J 800m-1, 1977 J CC-1, 1978 I 800m-2, 1979 I 800m-1, 1979 S CC-1
Ellis, George (Cumberland)	1954 100y, 1955 220y 1949 I 220y-1, 1950 S 220y-2, 1951 S 220y-1
Ellis, Sam (South Yorkshire)	2004 800m 2000 S 400m-1
Evling-Jones, Louis (Lincolnshire)	2004 Decathlon 1999 I OCT-1
Falode, Daniel (London)	2026 Triple Jump 2019 I TJ-1
Farah, Mo (Middlesex)	2007 and 2011 5000m 1997 J 1500m-1, 1997 J CC-1, 1998 I 3000m-1, 1998 I CC-2, 1999 I 1500m-1, 1999 S CC-1, 2001 S 1500m-2
Farquharson, Alex (West Midlands)	2021 Long Jump 2013 I LJ-8
Farrell, Tom (Cumbria)	2014 and 2015 5000m 2009 S 3000m-1
Farrell, Tom S. (Lancashire)	1957 440y Hurdles and 1960 880y 1949 I LJ-5
Faulkner, Stewart (Northamptonshire)	1988-1990 Long Jump 1983 J LJ-2, 1984 I LJ-3, 1985 I LJ-2, 1986 S LJ-1
Finch, Lloyd (Leicestershire)	2001 5k Walk 1996 and 1997 J 3k Walk-1, 1991 I 5k Walk-1
Fincham-Dukes, Jacob (North Yorkshire)	2023 and 2024 Long Jump 2012 I LJ-3, 2013 I LJ-2, 2014 S LJ-1
Finney, James (North Yorkshire)	2017 Decathlon 2012 I HJ-9
FitzSimons, John (Oxfordshire)	1964 Javelin Throw 1960 S JT-5
Flannery, Niall S. (Northumberland)	2014 and 2015 400m Hurdles 2007 I 400mH-1, 2008 S 400mH-1, 2009 S 400mH-1

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Floyd, Mike (Gtr. Manchester)	2008 Hammer Throw 1993 I HT-2, 1995 S HT-2
Ford, Antony (Lancashire)	2008 10000m 2001 S 3000m-3
Foster, Brendan (Durham)	1973, 1974 and 1976 5000m, 1977 and 1978 10000m 1960 J 1M-3
Frost, Andy (Hampshire)	2005-2007 and 2013 Hammer Throw 1997 I HT-3, 1998 S HT-2
Gale, Tom (Wiltshire)	2021 High Jump 2016 and 2017 S HJ-1
Gardener, Jason (Avon)	1997, 1999, 2004 and 2005 100m 1993 S 100m-3
Gardiner, Daniel (West Yorkshire)	2016 Long Jump 2006 I LJ-2, 2006 I OCT-2, 2007 S DEC-2
Garland, Dale (Channel Islands)	2007 400m Hurdles 1998 S TJ-4
Gemili, Adam (Kent)	2016, 2019 and 2021 200m 2010 I 100m-2
Gilkes, Eugene (Kent)	1988 Decathlon 1979 and 1980 S 400m-2
Gillingham, Martin (Buckinghamshire)	1984 400m Hurdles 1978 J LJ-3, 1980 I 400mH-3, 1982 S 400mH-3
Girvan, Martin (Essex)	1980 and 1981 Hammer Throw 1976 I HT-2, 1977 S HT-2, 1978 and 1979 S HT-1
Glave, Romell (Surrey)	2026 100m 2016 I 200m-1, 2017 S 200m-1
Goater, Julian (Hertfordshire)	1982 10000m 1970 S 5000m-1
Golding, Julian (London)	1999 and 2003 200m 1992 S 200m-5
Golley, Julian (Middlesex)	1992 Triple Jump 1988 I TJ-3, 1989 S TJ-1, 1990 S TJ-1, 1991 S TJ-1
Goriola, Daniel (Kent)	2024 110m Hurdles 2021 I 100mH-2, 2023 S 110mH-2
Grabarz, Robbie (Cambridgeshire)	2012, 2013, 2015-2017 High Jump 2004 I HJ-2, 2005 S HJ-1
Graffin, Andrew (Kent)	1999 3000m, 2003 5000m 1993 I 3000m-3, 1996 S 1500m-3

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Grant, Dalton (London)	1989-1990, 1998 and 2002 High Jump 1982 I HJ-1
Greaves, Damien (Essex)	1997 and 2003 110m Hurdles 1994 I 100mH-2, 1995 S 110mH-1, 1996 S 100m-2
Green, Jack (Kent)	2017 400m Hurdles 2007 I 400mH-3, 2008 I 400mH-1
Gregory, Ben (Buckinghamshire)	2018 Decathlon 2005 J PV-3, 2007 I PV-1, 2007 I OCT-2, 2008 S DEC-3, 2009 S LJ-3
Grice, Charlie (Sussex)	2014-2016 1500m 2010 I 1500m-1, 2011 S 1500m-1
Gunn, Luke (Derbyshire)	2009-2012 3000m Steeplechase 2001 I 1500mST-1, 2003 S 2000mST-2
Gutteridge, Jeff (Buckinghamshire)	1983, 1984 and 1987 Pole Vault 1973 I PV-2
Hales, Matthew (Sussex)	2000 10k Walk 1998 S 5k Walk-4
Haydock-Wilson, Alex (Berkshire)	2023 400m 2017 S 400m-7
Hayford, Ken (Kent)	1987 Decathlon 1979 I JT-3
Hazell, Ben (Hampshire)	2005 and 2007 Decathlon 2002 and 2003 S DEC-2
Head, Paul (Essex)	1990, 1993 and 1997 Hammer Throw 1979 J HT-2, 1980 I HT-2, 1981 I HT-1, 1982 S HT-2, 1983 S HT-1
Heanley, John (Berkshire)	2001 Decathlon 1995 J 800m-2, 1997 I OCT-3, 1999 S DEC-1
Heard, Owen (Surrey)	2025 and 2026 Pole Vault 2018 I PV-2
Hemery, Adrian (Wiltshire)	2002 Decathlon 1999 S DEC-8
Herbert, John (Essex)	1988 and 1990 Triple Jump 1979 S TJ-1, 1980 S TJ-2
Hignett, Geoff (Lancashire)	1973 Long Jump 1965 J LJ-3, 1966 and 1967 I LJ-3, 1968 and 1969 LJ-1
Hill, Mick (West Yorkshire)	1987, 1990, 1991, 1994, 1995, 2002 and 2003 Javelin Throw 1981 I JT-2, 1983 S JT-1
Holden, Andy (Lancashire)	1970 and 1971 3000m Steeplechase 1967 S 3000mST-3, 1968 S 5000m-1

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Hollier, Steve (Staffordshire)	2002 and 2003 5k Walk 1994 S 5k Walk-1
Hollings, Steve (Yorkshire)	1972 and 1973 3000m Steeplechase 1965 S 2000mST-2, 1966 S 2000mST-1, 1966 S CC-1
Holtom, Mark (Staffordshire)	1979 and 1982 110m Hurdles 1974 I 100mH, 1976 S 110mH-2, 1977 S 110mH-1
Hooper, Brian (Surrey)	1973, 1980 and 1986 Pole Vault 1969 I PV-2, 1970 and 1971 S PV-1
Hopkins, Nick (Surrey)	1995 3000m 1984 S CC-3
Hudson-Smith, Matthew (West Midlands)	2016-2019 and 2022 400m, 2024 200m and 2026 400m 2011 I 200m-2, 2012 S 200m-2, 2013 S 200m-1
Hughes, Harry (Suffolk)	2019 Javelin Throw 2012 J JT-1, 2013 I JT-1, 2014 I JT-3, 2016 S JT-1
Hughes, Kevin (Essex)	1998-2000 Pole Vault 1991 S PV-2, 1992 S PV-3
Hussain, Bashir (Gtr. Manchester)	1994 3000m 1984 S 2000mST-3
Hutchings, Tim (Sussex)	1986 5000m 1975 I 1500m-2
Idowu, Philips (London)	2000, 2002, 2006 and 2008-2010 Triple Jump 1996 S TJ-2, 1997 S TJ-1
Imroth, Kristian (Hertfordshire)	2026 3000m Steeplechase 2018 I 1500mST-1
Ive, Joe (Surrey)	2010 Pole Vault 2005 S PV-1
Jarrett, Tony (Middlesex)	2001 110m Hurdles 1986 S 110mH-1
Jegede, J.J. (Essex)	2014 Long Jump 2003 S LJ-4
Johnson, David (Yorkshire)	1972 Triple Jump 1971 S TJ-2
Johnson, Derek (Essex)	1955 880y 1949 I 440y-1, 1950 S 220y-1, 1951 S 440y-1
Jones, Mick (Sussex)	1998-2002 and 2004 Hammer Throw 1979 I HT-3
Joseph, Rafer (Buckinghamshire)	1998 Decathlon 1985 S DT-3

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Keska, Karl (West Midlands)	1998 5000m, 2003 10000m 1990 S 3000m-4
Kidner, Dave (Middlesex)	1971 and 1973 Decathlon 1968 S LJ-2
King, Barry (Middlesex)	1972 Decathlon 1960 J DT-2, 1961 I DT-3, 1962 I SP-1, 1963 S SP-1
King, Daniel (Essex)	2008 5k Walk 2000 S 5k Walk-1, 2001 S 5k Walk-2
King, David (Devon)	2017 and 2019-2020 110m Hurdles 2012 S 110mH-2
King, Dominic (Essex)	2004 and 2007 5k Walk 1999 I 5k Walk-2, 2001 S 5k Walk-1
King, Philip (Sussex)	1997 10k Walk 1990 and 1991 I 5k Walk-1, 1993 S 5k Walk
Knibbs, Alex (Derbyshire)	2020 400m 2015 I 400mH-2, 2017 I 400mH-1
Kruger, Alex (Merseyside)	1989, 1992 and 2000 Decathlon 1980 I HJ-5
Lambert, Chris (London)	2004 200m 1997 I 200m-2, 1998 S 200m-2, 1999 S 200m-1
Lancashire, Tom (Gtr. Manchester)	2008 1500m 2001 I 1500m-2, 2002 and 2003 S 1500m-1, 2003 S CC-3
Langford , Kyle (Hertfordshire)	2015 800m 2012 I 800m-1
Lerwill, Alan (Hampshire)	1970, 1972 and 1974-1975 Long Jump 1963 I TJ
Levine, Nigel (Bedfordshire & Luton)	2013 400m 2006 S 200m-4
Lewis, David (Lancashire)	1985 5000m 1976 J 1500m-1, 1977 I 1500mST-2, 1978 I 1500mST-1, 1979 S 2000mST-1
Lewis, Steven (Staffordshire)	2006-2008, 2011-2012 and 2014-2015 Pole Vault 2000 I PV-1, 2002 I PV-1
Lewis-Francis, Mark (West Midlands)	2002 100m 1996 J 100m-3, 1997 J 100m-1, 1998 I 100m-1
Lincoln, Scott (Durham and North Yorkshire)	2015-2026 Shot Put 2011 S SP-3
Lindsay, Michael	1957, 1959-1960 Discus Throw, 1963 Shot Put

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(London)	1954 I DT-2, 1955 I DT-1, 1956 S DT-1
Lobo, Jason (Lancashire)	1998 800m 1985 and 1986 I 1500m-2, 1987 S 1500m-2
Mackenzie, Colin (Kent)	1993 Javelin Throw 1978 and 1979 I JT-1, 1980 S JT-1
Mafe, Ade (Middlesex)	1985 200m 1981 J 200m-2, 1983 I 200m-1
Mardle, Paul (Essex)	1987-1989 Discus Throw 1976 J DT-3
Martin, Eamonn (Essex)	1988, 1990 and 1991 5000m, 1989 and 1992 10000m 1973 J 1500m-3, 1975 I 1500m-1
Mayock, John (South Yorkshire)	1995, 1996 and 1998-2001 1500m 1988 S 3000m-2, 1989 S 3000m-1, 1989 S CC-2, 1990 S 1500m-2, 1990 S CC-1
Mays, Jermaine (London)	2006 3000m Steeplechase and 2009 1500m 1999 I 1500mST-1, 2000 S 2000mST-2, 2001 S 2000mST-1
McCalla, Eric (West Midlands)	1987 Triple Jump 1976 I TJ-4
McCombie, Ian (Northumberland)	1984 10k Walk, 1985 3k Walk, 1986-1988 and 1991 10k Walk 1975 J 3k Walk-1, 1976 I 5k Walk-1, 1977 I 5k Walk-1, 1979 S 10k Walk-1
McCormick, Nick (Northumberland)	2005 1500m 1998 I 800m-3, 2000 S 1500m-3
McKay, Kevin (Gtr. Manchester)	1992 and 1994 1500m 1985 I 800m-1, 1986 S 1500m-2, 1987 S 1500m-1
McSorley, John (Middlesex)	1962 Javelin Throw 1959 S JT-2
McStravick, Brad (Devon)	1979 and 1980 Decathlon 1974 S 100m
Mellor, Jonathan (Merseyside)	2015 10000m 2005 S 3000m-7
Metcalfe, Adrian (Yorkshire)	1961 and 1963 440y 1958 I 220y-2, 1959 S 220y-1, 1960 S 220y-1
Miller, Nick (Cumbria)	2014, 2015, 2017-2019 and 2022 Hammer Throw 2010 S HT-2, 2011 S HT-1
Millington, Ross (Gtr. Manchester)	2012 5000m and 2016 10000m 2006 I 1500m-3
Mills, George (North Yorkshire)	2020 1500m 2015 I 800m-1

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Monk, Chris (Leicestershire)	1973 200m 1970 S 100m-1
Moorcroft, David (Warwickshire)	1978 1500m 1972 S CC-3
Moore, Aston (Warwickshire)	1976, 1978 and 1981 Triple Jump 1972 I TJ
Morgan, Nathan (Leicestershire)	1998 and 2001 Long Jump 1994 I LJ-2, 1996 S LJ-1
Morgan-Harrison, Andrew (North Yorkshire)	2020 200m 2016 S 100m-7
Morrell, Maurice (Cheshire)	1954 Javelin Throw 1949 I JT-1
Mortimore, Matti (Suffolk)	2016 Javelin Throw 2007 J JT-1, 2008 I JT-1, 2010 S JT-2
Mullarkey, David (Isle of Man)	2026 5000m 2018 S 1500m-7
Mullett, Rob (Sussex)	2015-2017 3000m Steeplechase 2005 S 2000mST-8
Mulvaney, Chris (Cumbria)	2004 1500m 1997 I 800m-2, 1999 S 1500m-2
Murch, Craig (Warwickshire)	2020 Hammer Throw 2011 S HT-6
Myers, Charlie (Durham)	2018 and 2023 Pole Vault 2011 J PV-2, 2013 I PV-2, 2014 S PV-1
Myerscough, Carl (Lancashire and Somerset)	2003-2012 Shot Put, 2005 and 2006 Discus Throw 1995 I DT-3, 1996 I SP-1, 1997 and 1998 S SP-1
Nankeville, Bill (Surrey)	1948-1950 and 1952 1 Mile 1938 U14 880y-3
Nelson, David (West Midlands)	1991 110m Hurdles 1984 S 110mH-4
Nerurkar, Richard (West Yorkshire)	1990 10000m 1980 I CC-16
Newton, Robert (Nottinghamshire)	2004 110m Hurdles 1997 I 100mH-2, 1998 S 110mH-2, 1999 S 110mH-1
Nicholls, Phillip (Shropshire)	2007 10000m 1999 and 2000 I 3000m-2
Nieland, Nick (Hertfordshire)	1996 and 2005-2007 Javelin Throw 1990 S JT-3

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Norman, Philip (Devon)	2020 and 2024-2025 3000m Steeplechase 2005 I 1500mST-2, 2006 I 1500mST-1, 2007 S 2000mST-2
Norris, Jake (Berkshire)	2023-2026 Hammer Throw 2013 J HT-2, 2014 I HT-1, 2017 S HT-1
Nuttall, John (Lancashire)	1996 5000m 1983 I 3000m-2, 1984 S 3000m-3, 1985 I 3000m-1
O'Dowd, Matt (Wiltshire)	1996 3000m, 2004 10000m 1994 S 2000m ST-3, 2008 and 2009 S 200m-3
Oakes, Gary (London)	1981 400m Hurdles 1973 J 80mH-2, 1975 I 100mH-1, 1976 S 110mH-3, 1977 S 400mH-1
Ojora, Tade (Berkshire)	2021-2023 and 2025 110m Hurdles 2014 J 80mH-1, 2015 I 100mH-3, 2016 I 100mH-1, 2018 S 110mH-2
Oke, Tosin (London)	2007 Triple Jump 1997 I TJ-2, 1998 S TJ-3
Okoye, Lawrence (Surrey)	2012, 2021, 2023 and 2025-2026 Discus Throw 2008 I DT-2, 2010 S DT-1
Osagie, Andrew (Essex)	2011 and 2012 800m 2004 I 800m-h-4
Osammor, Chukwuemeka (South Yorkshire)	2012, 2021, 2023 and 2025 Discus Throw 2019 S DT-1
Ottley, Dave (Essex)	1977, 1982, 1984-1986 and 1988 Javelin Throw 1969 J JT-2, 1971 I JT-1, 1972 S JT-2, 1973 S JT-1
Overall, Scott (Middlesex)	2009 5000m 1999 I 1500m-8
Ovett, Steve (Sussex)	1974-1976 800m, 1979 1500m, 1980 1 Mile 1970 J 400m-1, 1971 I 400m-3, 1972 I 800m-1, 1972 I CC-2, 1973 S CC-2
Owen, Neil (Surrey)	1995 110m Hurdles 1992 S 110mH-2
Palmer, Milton (West Midlands)	1976 High Jump 1972 J HJ-3, 1973 J HJ-2, 1974 and 1975 I HJ-1
Parsons, Geoff (Kent)	1986-1988 High Jump 1980 I HJ-1, 1982 and 1983 S HJ-1
Parsons, Tom (West Midlands)	2008 and 2011 High Jump 2002 S HJ-2
Partington, Steve (Merseyside)	1996 10k Walk 1984 10k Walk-1
Pascoe, Alan	1968 120y Hurdles, 1971-1972 200m and 110m Hurdles,

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(Hampshire)	1973, 1976 and 1978 400m Hurdles 1965 S 120yH-3, 1966 S 120yH-1, 1967 S 120yH-1
Pattison, Ben (Hampshire)	2024 800m 2016 J 800m-2, 2018 I 800m-1
Paul, Jacob (Surrey)	2019 400m Hurdles 2010 and 2011 I 400mH-1, 2012 and 2013 S 400mH
Pearce, Mark (Hertfordshire)	2021 3000m Steeplechase 2012 I 3000m-8
Percy, Nicholas (Hampshire)	2016-2017, 2019-2020 and 2022 Discus Throw 2009 J DT-1, 2010 I DT-3, 2013 S DT-1
Phillips, Steve (Warwickshire)	1997 and 1999 Long Jump 1989 S LJ-3, 1990 S LJ-1
Pozzi, Andrew (Warwickshire)	2012, 2016 and 2018 110m Hurdles 2008 I 100mH-3
Proctor, Mark (Kent)	1995, 1998-1999, 2001-2002 Shot Put 1980 S DT-3
Radford, Peter (Staffordshire)	1959 and 1960 100y 1955 I 100y-1, 1957 S 100y-1
Redmond, Derek (Northamptonshire)	1991 400m 1982 I 400m-2, 1983 S 400m-2
Reid, Donovan (London)	1984 100m 1979 I 200m, 1980 and 1981 S 200m-1
Reilly, Brendan (Northamptonshire)	1994 High Jump 1987 J HJ-3, 1988 and 1989 I HJ-1, 1990, 1991 and 1992 S HJ-1
Reitz, Colin (Essex)	1983 3000m Steeplechase 1975 I 1500mST-4
Reynolds, Martin (Middlesex)	1970 200m 1966 S 220y-5
Richardson, Mark (Berkshire)	1995, 2000 and 2001 400m 1988 I 400m-1, 1989 S 400m-1, 1990 S 400m-2
Rider, Scott (Hertfordshire)	2014 Shot Put 1992 S DT-2
Ridgeon, Jon (Suffolk)	1987 110m Hurdles, 1996 400m Hurdles 1983 I 100mH-1, 1984 S 110mH-1
Riley, Peter (Gtr. Manchester)	2006 5000m 1995 I CC-1
Rimmer, Michael (Merseyside)	2006-2010 and 2013-2014 800m 2000 J 800m-1, 2001 and 2002 I 800m-1

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Robb, Curtis (Merseyside)	1992, 1995 and 1996 800m 1989 and 1990 S 1500m-1
Roberson, Mark (Cambridgeshire)	1997 and 2001 Javelin Throw 1983 I JT-7
Robertson, Max (Somerset)	1986-1989 and 1991 400m Hurdles 1979 I 400mH-2, 1980 I 400mH-1, 1981 S 400mH-2, 1982 S 400mH-1
Robertson-Adams, Charles (Shropshire)	1997 400m Hurdles 1994 I 400mH-1, 1995 and 1996 S 400mH-1
Rodger, Seb (Sussex)	2016 400m Hurdles 2008 S LJ-8
Rogers, Steve (Merseyside)	1995 Decathlon 1988 I Oct-2
Rooney, Martyn (Surrey)	2008, 2010-2012, 2014 400m 2005 S 400m-r2-8
Rose, Nick (Warwickshire)	1980 10000m 1974 I 1500m-3
Rowden, Daniel (Essex)	2020 and 2023 800m 2013 I 800m-2, 2014 I 800m-1
Rowland, Mark (Sussex)	1988 3000m Steeplechase, 1989 5000m 1979 I 800m-3, 1980 S 800m-3
Rush, Martin (Cumbria)	1992 10k Walk 1983 S 5k Walk-1
Rutherford, Greg (Buckinghamshire)	2005, 2006, 2008, 2012, and 2015 Long Jump 2004 S LJ-4
Sandeman, Toby (London)	2009 200m 2006 S 200m-6
Scott, Marc (North Yorkshire)	2018, 2020 and 2022 5000m, 2021 10000m 2012 S CC-7
Seddon, Zak (Berkshire)	2018 and 2019 3000m Steeplechase 2009 I 1500mST-2, 2010 I 1500mST-1
Segal, David (Middlesex)	1957 and 1958 220y 1953 I 220y-1
Sesay, Mark (West Yorkshire)	1999 800m 1987 J 800m-1, 1988 I 800m-2, 1989 I 800m-1, 1991 and 1992 S 800m-1
Shane, James (Essex)	2011 1500m 2004 J 1500m-1, 2006 I 1500m-1, 2007 S 800m-1
Sharman, Will (Northamptonshire)	2010, 2013 and 2014 110m Hurdles 2003 S 110mH-2

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Sharp, Alexis (Kent)	1997 Decathlon 1990 S DEC-2
Simson, Matt (Essex)	1993 and 1996 Shot Put 1984 J SP-1, 1986 I SP-1, 1987 S SP-1
Skinner, Michael (Kent)	2012 10000m 1997 S 1500m-4
Slaney, Richard (Sussex)	1986 Discus Throw 1972 I DT-2, 1973 S DT-2
Smith, Alex (Humberside)	2009-2012 Hammer Throw 2003 and 2004 I HT-1, 2005 S HT-1
Smith, Barry (Essex)	1981 10000m 1969 I 1500m-1, 1969 I CC-2
Smith, Colin (Middlesex)	1958, 1959 and 1963 Javelin Throw 1952 I JT-2
Smith, David (Humberside)	1984-1988 Hammer Throw 1978 I HT-4
Smith, David W. (Humberside)	1996 Hammer Throw 1991 I HT-p-12
Smith, Glen (West Midlands)	2001 Discus Throw 1989 S DT-3, 1990 and 1991 S DT-1
Smith, Steve (Merseyside)	1992, 1995, 1996 and 1999 High Jump 1987 J HJ-1, 1988 I HJ-2, 1989 I HJ-2, 1990 S HJ-2, 1991 S HJ-2
Snook, Chris (Surrey)	2023 and 2024 5k Walk 2013 and 2014 J 3k Walk, 2015 and 2016 I 5k Walk, 2017 and 2018 S 5k Walk-1
Solly, Jon (Berkshire)	1986 10000m 1978 CC I-110
Soos, Ricky (Nottinghamshire)	2003 800m 1999 I 1500mST-2, 2000 and 2001 S 1500m-1
Speaight, Neil (Cambridgeshire)	2001 800m 1996 S 800m-h-6
Spedding, Charlie (Durham)	1983 10000m 1971 S 1500m-2
Staines, Gary (Hertfordshire)	1995 10000m 1979 I 1500m-dq
Staynings, Tony (Gloucestershire)	1975 and 1976 3000m Steeplechase 1971 S CC-5
Steele, Andrew	2007 400m

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(Gtr. Manchester)	1999 J 400m-3, 2001 I 400m-1
Steinle, Mark (Kent)	1997 10000m 1989 J C-1, 1993 S 3000m-3
Stewart, Chris (Somerset)	1970 5000m 1964 S 1M-2, 1965 S 1M-1
Stokes, Stuart (Gtr. Manchester)	2003 3000m Steeplechase 1993 I 1500mST-2, 1995 S 2000mST-2
Stone, Darrell (Sussex)	1994 and 1995 10k Walk 1984 I 5k Walk-5
Stroud, Guy (Devon)	2009 Decathlon 2005 S DEC-1
Talbot, Danny (Wiltshire)	2014 200m 2008 and 2009 S 200m-3
Tancred, Bill (Suffolk)	1966-1970 and 1972-1973 Discus Throw 1958 I JT-4
Tancred, Pete (Suffolk)	1977-1978 Discus Throw 1964 J JT-3
Taylor, Brian (Middlesex)	1990 Decathlon 1989 S 110mH-1
Thomas, Barry (South Yorkshire)	1994 and 1996 Decathlon 1989 S DEC-2
Thomas, Iwan (Lincolnshire)	1998 400m 1992 S 400m-2
Thomas, Spencer (Sussex)	2019 800m 2014 S 800m-3
Thompson, Chris (Hampshire)	2004 and 2010 5000m 1997 I CC-3, 1997 I 3000m-1, 1998 and 1999 S 3000m-1
Thompson, Daley (London)	1976 Decathlon and 1977 Long Jump 1975 S 200m-1
Thompson, Gavin (Sussex)	2005 10000m 1998 S CC-4
Tobin, Robert (Hampshire)	2009 400m 1999 I 400m-2, 2000 I 400m-1, 2001 S 400m-1
Tomlinson, Chris (Cleveland)	2004, 2007, 2009-2010, 2013 Long Jump 1996 J TJ-1, 1997 I TJ-1, 1998 I TJ-2, 1999 S LJ-1, 2000 S TJ-2
Travis, Dave (Middlesex)	1965, 1968 and 1970-1974 Javelin Throw 1962 I JT-2, 1963 I JT-1, 1964 S JT-1
Tromans, Glynn	2001 10000m

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(West Midlands)	1987 S 3000m-h-2
Tullett, Ian (Surrey)	1992 Pole Vault 1985 I PV-3, 1986 and 1987 S PV-3, 1988 S PV-1
Turner, Andy (Nottinghamshire)	2006-2009 110m Hurdles 1997 I 100mH-1, 1998 S 110mH-3, 1999 S 110mH-2
Udechuku, Emeka (London)	2003-2004 and 2007-2009 Discus Throw 1993 J DT-1, 1994 and 1995 I DT-1, 1996 and 1997 S DT-1
Ujah, Chijinda (Middlesex)	2015 and 2021 100m 2010 I 100m-8
Ulyatt, Kent (Norfolk)	1997 400m 1990 S 400m-3
Uwaifo, Efe (Hertfordshire)	2023 and 2024 Triple Jump 2009 J TJ-1, 2011 I TJ-1, 2012 I TJ-1, 2013 S TJ-3
Vernon, Andy (Hampshire)	2008 and 2013 5000m, 2009, 2014 and 2017 10000m 2002 I CC-56
Vesty, Phil (Leicestershire)	1984 3k Walk 1977 J 3k Walk-1, 1981 S 10k Walk-1
Vivian, Peter (Middlesex)	1994 Hammer Throw 1984 and 1985 J HT-1, 1986 I HT-1, 1987 I HT-2, 1988 and 1989 S HT-1
Wadhams, Tony (Kent)	1969, 1971 and 1973 Triple Jump 1961 I PV and 1962 S PV
Walsh, James (West Midlands)	2010 and 2011 10000m 1999 S CC-30
Wariso, Solomon (Middlesex)	1994 200m 1986 S 200m-2
Weir, Robert (West Midlands)	1982 Hammer Throw, 1983, 1984, 1993, 1996-2000 and 2002 Discus Throw 1978 S DT-2, 1979 S HT-2
Wedderburn, Eddie (West Midlands)	1986 and 1987 3000m Steeplechase 1978 S 2000ST-2
West, James (Kent)	2023 and 2024 5000m 2012 I 1500m-6
Whetton, John (Nottinghamshire)	1968 1M 1958 I 880y-2, 1959 S 880y-1, 1960 S 880y-1
Whitby, Ben (Middlesex)	2001 and 2002 3000m Steeplechase 1994 S 2000mST-6
Whiteaker, James (Kent)	2018, 2020 and 2022 Javelin Throw 2013 J JT-1, 2014 I JT-1, 2016 S JT-2

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Wigfield, Joe (Merseyside)	2026 10000m 2018 S 800m h-5
Wild, Jonathan (Cheshire)	2001 and 2002 5000m 1992 S 3000m-10
Wilkinson, Callum (Suffolk)	2019 and 2020 5k Walk 2013 I 5k Walk-1, 2014 S 5k Walk-1
Wilkinson, James (West Yorkshire)	2013 and 2014 3000m Steeplechase 2006 I 1500mST-2, 2008 S 2000mST-1
Williams, Barry (Cheshire)	1972 Hammer Throw 1963 I HT-2, 1964 S HT-3, 1965 S HT-1
Williams, Ben (Staffordshire)	2017, 2019 and 2021-2022 Triple Jump 2008 I TJ-1, 2010 S TJ-2
Williams, Simon (Middlesex)	1988 and 1989 Shot Put 1982 J SP-2, 1984 I SP-1, 1985 S SP-1, 1986 S SP-1
Williamson, Paul (Humberside)	2001 Pole Vault 1993 S PV-1
Williamson, Simeon (Middlesex)	2009 100m 2004 S 100m-2
Winbolt-Lewis, Martin (Wiltshire)	1968 440y 1965 S 440y-1
Winch, Mike (Sussex)	1981, 1982 and 1984 Shot Put 1966 S SP-1
Winrow, Craig (Lancashire)	1994 800m 1986 J 800m-1, 1987 I 800m-2, 1988 I 800m-1
Woodward, Nathan (Warwickshire)	2011 400m Hurdles 2005 I 400mH-2, 2006 I 400mH-1, 2007 S 400mH-1
Wright, Alex (Somerset)	2010, 2012 and 2013 5k Walk 2006 I 5k Walk-2, 2007 I 5k Walk-1, 2008 S 5k Walk-2, 2009 S 5k Walk-1
Yates, Matthew (Essex)	1991 and 1993 1500m 1987 S 800m-3
Yates, Peter (Devon)	1978 Javelin Throw 1974 S JT-1
Yates, Richard (Gtr. Manchester)	2008 400m Hurdles 2004 S 400m-5
Yee, Alexander (London)	2018 10000m 2014 I CC-3, 2016 S CC-1
Yeo, Charlie	2025 Triple Jump

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(Humberside)	2017 J PEN-2, 2017 J LJ-2, 2018 I TJ-2, 2019 I LJ-2, 2021 S LJ-3
Young, John (Warwickshire)	1956 100y 1954 I 220y-1, 1955 and 1956 S 220y-1
Zeniou, Pan (London)	1975 and 1977 Decathlon 1971/72 S JT

Notes regarding the athlete details shown above :

An entry for each athlete begins with a line detailing their British Championship win(s).

Second (and subsequent) lines show the county (or counties) they represented and their ESAA Championship medal-winning performances or, in some cases, a non-medal-winning performance at the ESAA Championships.

ESAA performances are shown in the abbreviated format – *yyyy a eeee p* where :

yyyy Championship Year

a Age Group (I – Intermediate, J – Junior, S – Senior, pre-1948 the age groups were Under-14 (U14) and Under-16 (U16))

eeee Event

p Place achieved (note an 'h-' indicates the performance was in a heat, 'p' indicates in a qualifying pool, 'r-' indicates in a preliminary round and 's' in a semi-final)

COUNTY SAA COMPETITORS

Several other athletes competed in their County SAA Championship and also went on to win British titles, namely :

Hartley, Bill (Lancashire)	1975 400mH 1966 Lancashire I HJ-4
Mitchell-Blake, Nethaneel (Essex)	2017-2018 and 2022 200m 2006 Essex U13 100m-4
Prescod, Reece (Essex)	2017-2018 100m 2012 Essex I 100m-1